



George McGowan

IRELAND

AGE
26

LOCATION
Ireland

HEIGHT
170 cm / 5'7"

DISCIPLINES
Parkour / Freerunning

A professional parkour athlete and acrobat based in Ireland. With over seven years of experience, George has become known for his bold, high-energy performances across international events, television productions, and live shows.

MOVEMENT STYLE

George McGowan is recognised for his explosive power and acrobatics, combining dynamic movement with high-impact stunts. Known for his large jumps and intricate flips, George's style is bold, controlled, and packed with energy, making him a force in parkour and freerunning.

EXPERIENCE

7+ years as a professional parkour athlete Performer in live shows and television, specialising in parkour and acrobatics Competes and performs at major international parkour events

PROFESSIONAL CREDITS

Semi-Finalist on Britain's Got Talent 2024 with The Parkour Collective Stunt double for Belgian TV show HOODIE Parkour performer for Warner Brothers' League of Legends project Performed at high-profile events including the Huawei Gala and Goodwood

